



Our Fitness Club helps students build healthy habits through our educational activities that improve strength, endurance, and confidence. Students learn about fitness, goal setting, and taking care of their bodies in a safe and supportive environment.

The focus is on **participation, effort, and personal growth** than competition, ensuring everyone feels included and successful!

ROOM 2



EVERY
TUESDAY
LUNCH

CREATIVE CORNER

DIV 2 CLUB

**Painting
Drawing
Bracelet Making
Papercraft
and more!**



WHERE:

MRS. SAUNDERS' ROOM
ROOM 2

WHEN:

EVERY TUESDAY AT LUNCH

Join Ms. Nelson in Room 1

CARD CLUB

Thursdays in January and February



Students are welcome to drop in, play a variety of card games, and enjoy a relaxed, social break.

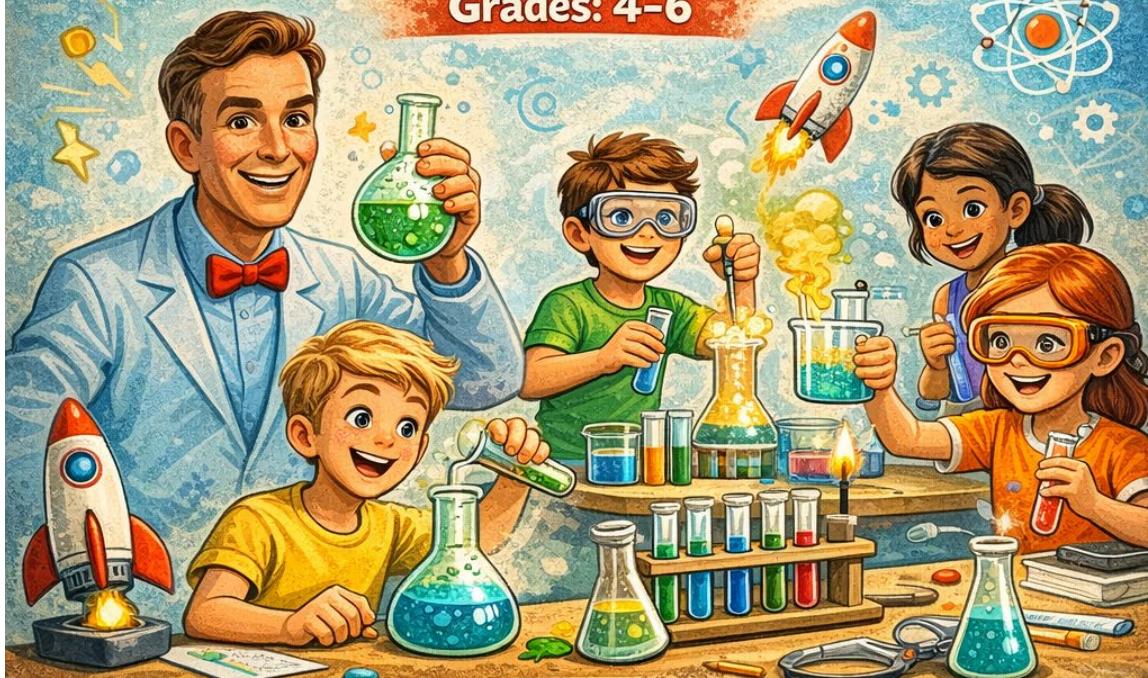
No experience needed—just come and play!

BILL NYE SCIENCE CLUB

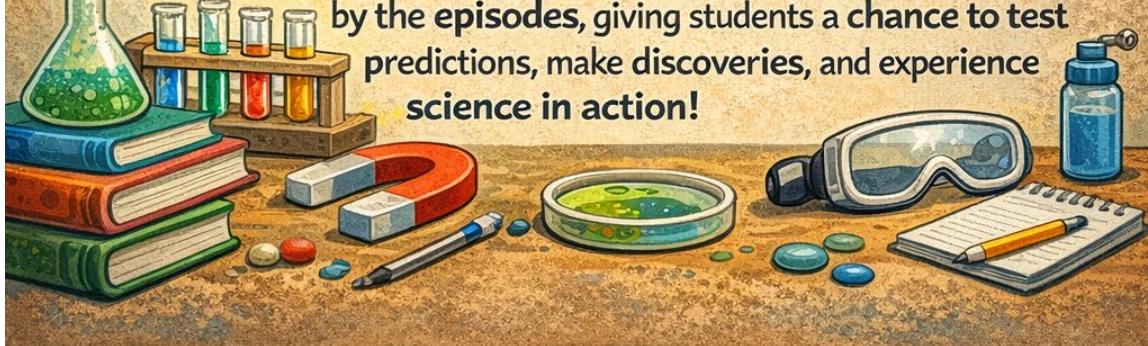
Sponsored by: Christine Carrick

Time / Location: Thursdays at Lunch

Grades: 4-6



At the Bill Nye Science Club, students will watch episodes of **Bill Nye the Science Guy** and explore the big ideas behind each one. Each session will include **hands-on experiments** inspired by the episodes, giving students a chance to test predictions, make discoveries, and experience science in action!



FILM/TV CLUB!

Ms. Tse and Ms. Whiltsey

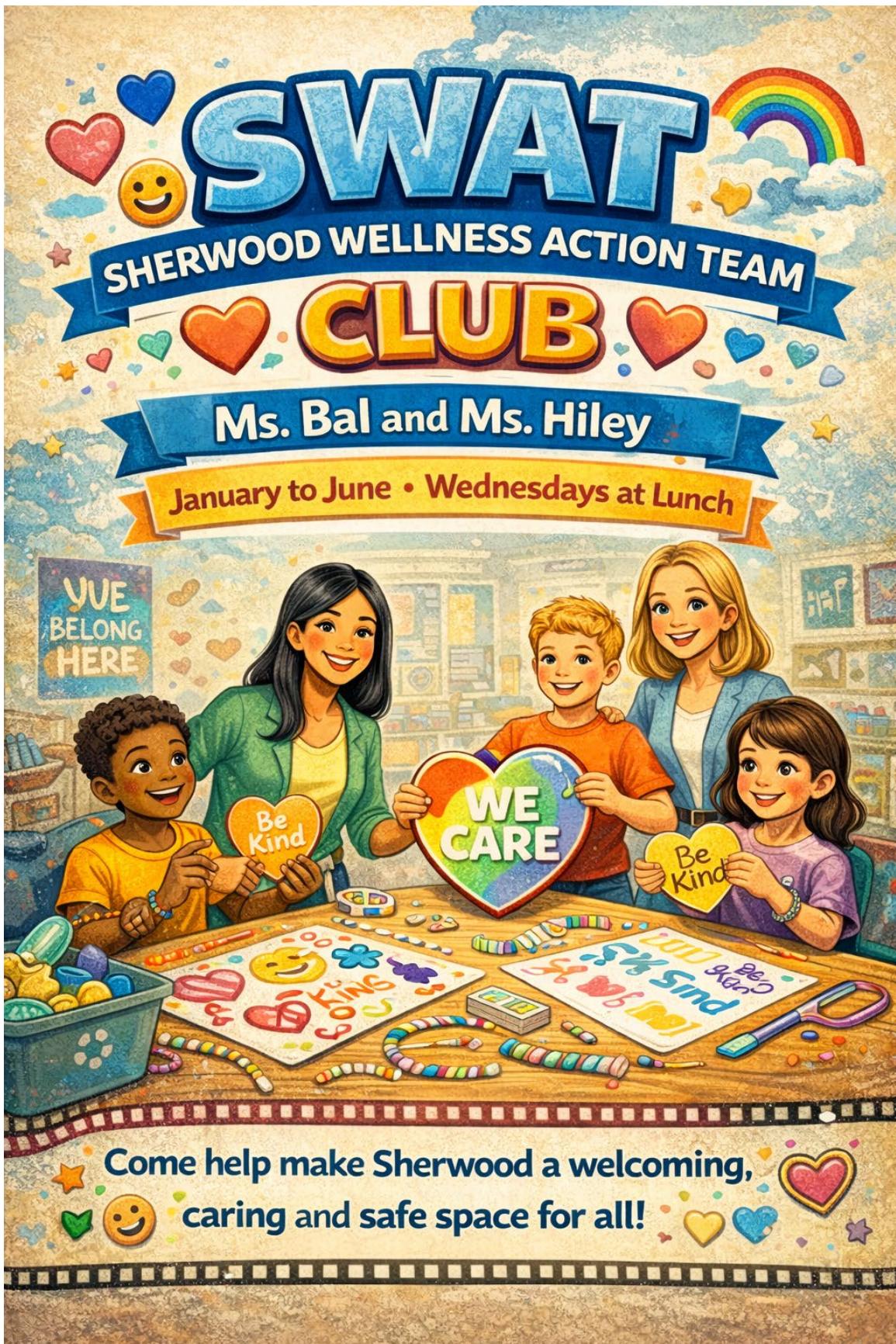
Wednesdays at Lunch from January onwards



Film Club is a fun and welcoming space for all students who enjoy movies and storytelling. We will watch films from different genres and cultures, then take part in discussions that explore themes, characters, and messages in the films.

Bring your curiosity and love of movies!





Come help make Sherwood a welcoming,
caring and safe space for all!