



Ogden Hub:29

Week at a Glance

April 8-12, 2024

Monday April 8th

Spiritual Care Mondays Nourish Your Soul! Spend time with Chaplain David. Engage in heartwarming conversations, enjoy games, or share a cup of coffee in great company. One-on-one appointments are also available, just email DavidS@theseed.ca.

1:00pm-2:00pm BINGO

2:00pm-3:00pm Bible Study

Tuesday April 9th

10:00am-12:00pm Seniors Coffee and Games come play games, cards, or crib while enjoying coffee/tea and good company.

1:00pm-3:00pm Open Space Come In and Hangout

Wednesday April 10th

10:00am-10:30am Alberta Ballet Preschool Ballet 3-4yr olds Initial Trial Class

10:30am-11:00am Alberta Ballet Preschool Ballet 4-5yr olds Initial Trial Class

Two different age options a 3-4yr old class and a 4-5yr old class. Both 30minutes in length where Alberta Ballet will teach your kiddos how to have fun with dance and movement. Registration required please contact Kaitlin at ogdencic@theseed.ca to register.

Thursday April 11th

10:00am-12:00pm Women's Coffee and Conversations open to anyone who wants to get to know each other and wants to create more open relationships, a time to come together over coffee and tea to build community.

3:30pm-4:30pm Calgary Humane Society Presentation a general presentation for all ages to learn about the resources and services offered at the Calgary Humane Society. Monthly Animal Presentations for youth of various grade levels will begin in May. Registration is encouraged please email Kaitlin at ogdencic@theseed.ca

Friday April 12th

9:00am-11:00am Open Space Come In and Hangout

1:00pm-3:00pm Fun Tots Playgroup a large group play date for kiddos and their parents/caregivers. A time to have fun and get to know others in the community. Games and activities will be provided but no structured program.

Address: 2385 74 Ave SE Calgary

Connect with **Kaitlin** our **Site Lead** for any questions, feedback, or input about programs happening at the centre! ogdencic@theseed.ca

